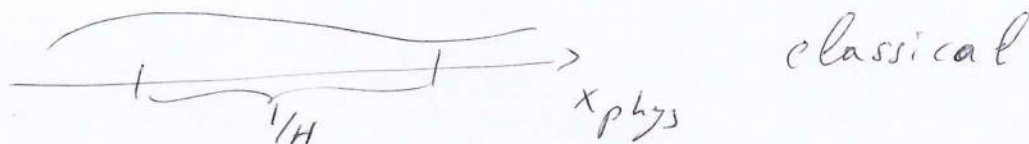
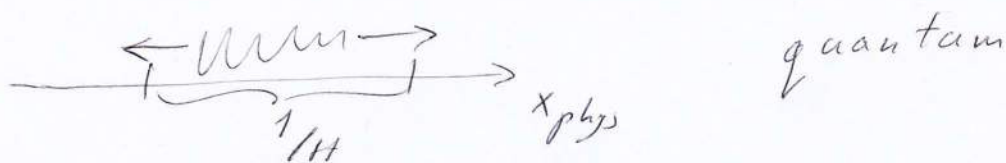


Lecture 9

Stochastic approach to perturbation theory in de Sitter

Ref. Starobinsky, Yokoyama, PRD, 50, 6357 (1994)

1) $ds^2 = -dt^2 + c^2(t) d\vec{x}^2$, $c = e^{Ht}$



(*)
$$\varphi(t, x) = \bar{\varphi}(t, x) + \int d^3k \theta(k - \epsilon c(t) H) \cdot (\varphi_k(t) e^{i\vec{k}\cdot\vec{x}} a_k + \varphi_k^* e^{-i\vec{k}\cdot\vec{x}} a_k^\dagger)$$

↑
averaged over distances $\frac{1}{H\epsilon}$ - bigger than $\frac{1}{H}$

$$\varphi_k = \frac{1}{(2\pi)^{3/2}} \frac{H}{\sqrt{2k}} \left(\gamma - \frac{i}{k}\right) e^{-iky}$$

Add a potential

(2)

$$\ddot{\varphi} + 3H\dot{\varphi} + V'(\varphi) = 0$$

The potential is assumed to be shallow:

$$V'' \ll H^2 \quad (m \ll H^2)$$

\Rightarrow the averaged component evolves slowly

Substitute (*), keep only terms of order ϵ , neglect $\ddot{\bar{\varphi}}$

$$\Rightarrow \dot{\bar{\varphi}} = -\frac{1}{3H} V'(\bar{\varphi}) + f(t, x)$$

$$f(t, x) = \epsilon H^2(t) \int d^3k \delta(|k| - \epsilon C(t)H) \cdot$$

$$\cdot (a_k \varphi_k + a_{-k}^+ \varphi_{-k}^*) e^{ikx}$$

Because $\epsilon \ll 1$, f is already given by superhorizon modes \Rightarrow classical noise

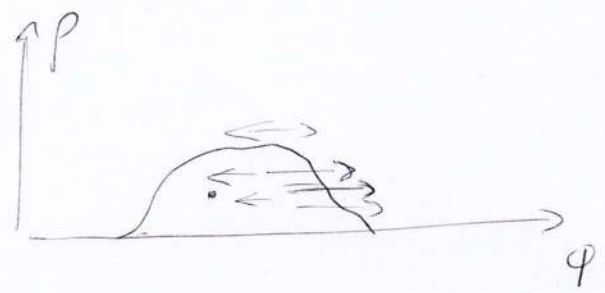
Ex. 27 Compute

$$\langle f(t_1, x_1) f(t_2, x_2) \rangle = \frac{H^3}{4\pi^2} \delta(t_1 - t_2) j_0(\epsilon H C(t) |\vec{x}_1 - \vec{x}_2|)$$

\uparrow
 $j_0(z) = \frac{\sin z}{z}$

2) One-point distribution

$$P(\varphi) : P(\varphi_1 < \bar{\varphi}(t, x) < \varphi_2) = \int_{\varphi_1}^{\varphi_2} d\varphi \rho(\varphi)$$



regular motion + diffusion

$$\frac{\partial \rho}{\partial t} = - \frac{\partial}{\partial \varphi} \mathcal{F} \rho$$

flux $\mathcal{F} = \rho \dot{\varphi} = - \frac{\rho V'}{3H} + \rho f$

$$\frac{\partial \rho}{\partial t} = \underbrace{\frac{1}{3H} \frac{\partial}{\partial \varphi} (V'(\varphi) \rho(\varphi)) + \frac{H^3}{8\pi^2} \frac{\partial^2 \rho}{\partial \varphi^2}}_{\Gamma_{\varphi} \rho}$$

Stationary solution (if exists)

$$\frac{\partial \rho}{\partial t} = 0 \rightarrow \rho(\varphi) = \mathcal{N} e^{-\frac{8\pi^2}{3H^4} V(\varphi)}$$

Example 1 Massive field

$$V(\varphi) = \frac{m^2 \varphi^2}{2}, \quad m \ll H$$

$$\rho = \mathcal{N} e^{-\frac{4\pi^2}{3H^4} m^2 \varphi^2} \quad - \text{Gaussian}$$

$$\langle \bar{\phi}^2 \rangle = \frac{3H^4}{8\hbar^2 m^2} \gg \frac{H^2}{4\hbar^2}$$

(9)

Recall: $\langle \phi^2 \rangle = \frac{H^2}{4\hbar^2} \int \frac{dk}{k} \sim \frac{H^2}{4\hbar^2} \ln\left(\frac{k_S}{k_L}\right) \sim \frac{1}{\gamma}$

for a massive field:

$$\phi_k^{(cm)} \propto H(-\gamma)^{3/2} H_\nu^{(1)}(-k\gamma), \quad \nu = \sqrt{\frac{3}{4} - \frac{m^2}{H^2}}$$

$$\phi_k^{(cm)} \underset{\gamma \rightarrow 0}{\propto} H(-\gamma)^{3/2} \frac{1}{(-k\gamma)^\nu} \propto \frac{H}{k^{3/2}} (-k\gamma)^{\frac{m^2}{3H^2}}$$

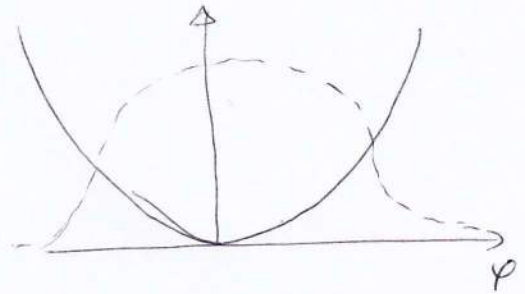
$$\langle \phi^2 \rangle = \frac{H^2}{4\hbar^2} \int \frac{dk}{k} (-k\gamma)^{\frac{2m^2}{3H^2}} = \frac{H^2}{4\hbar^2} \frac{3H^2}{2m^2} \underbrace{(-\gamma k_S)^{\frac{2m^2}{3H^2}}}_{\sim 1}$$

N.B. The modes saturating the integral are exponentially long:

$$k_L \sim \frac{1}{\gamma} e^{\frac{3H^2}{2m^2}} \Rightarrow P_{phys} = H e^{\frac{3H^2}{2m^2}}$$

Example 2

$$V(\varphi) = \frac{1}{4} \varphi^4$$

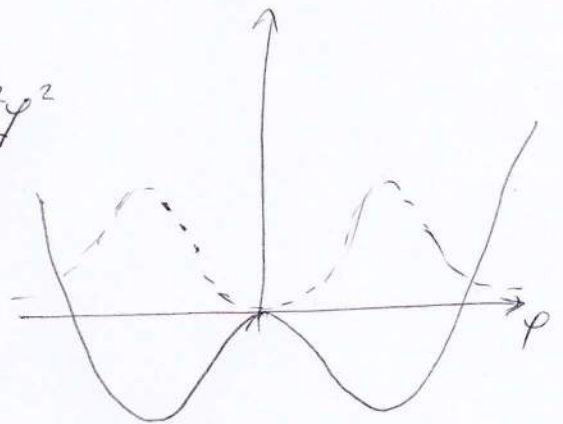


$$\rho = \mathcal{N} e^{-\frac{2\bar{n}^2 \hbar}{3H^4} \varphi^4} - \text{non Gaussian}$$

$$\langle \varphi^2 \rangle \sim \frac{H^2}{\sqrt{\hbar}} \cdot (0.1)$$

Example 3

$$\text{Double-well: } V = \frac{1}{4} \varphi^4 - \frac{m^2}{2} \varphi^2$$



Time dependence

$$\text{Ansatz: } \rho = e^{-U(\varphi)} \sum_{n=0}^{\infty} a_n \Phi_n(\varphi) e^{-\Lambda_n(t-t_0)}$$

$$U(\varphi) = \frac{4\bar{n}^2}{3H^4} V(\varphi)$$

eigenvalue
equation \Rightarrow

$$\left(-\frac{1}{2} \frac{\partial^2}{\partial \varphi^2} + W(\varphi) \right) \Phi_n(\varphi) = \frac{4\bar{n}^2 \Lambda_n}{H^3} \Phi_n(\varphi)$$

$$W(\varphi) = \frac{1}{2} \left((U'(\varphi))^2 - U''(\varphi) \right)$$

$$a_n = \int d\varphi e^{U(\varphi)} \rho(\varphi, t_0) \Phi_n(\varphi)$$

⑥

If stationary state exists $\Rightarrow \Lambda_0 = 0$

Convergence to the stationary state is determined by Λ_1

$$V = \frac{m^2 \varphi^2}{2} \Rightarrow W(\varphi) \propto \frac{m^4}{H^8} \varphi^2 \Rightarrow \Lambda_1 \propto \frac{m^2}{H}$$

$$V = \frac{\lambda \varphi^4}{4} \Rightarrow W(\varphi) = \frac{1}{2} \left[\left(\frac{4\hbar^2}{3H^4} \right)^2 \lambda^2 \varphi^6 - \frac{4\hbar^2}{3H^4} 3\lambda \varphi^2 \right] \sim$$

$$\sim \frac{\lambda^2}{H^8} \cdot \left(\frac{H}{\lambda^{1/4}} \right)^6 \sim \frac{\sqrt{\lambda}}{H^2} \Rightarrow \Lambda_1 \sim H\sqrt{\lambda}$$

Ex. 28 For $V = -\frac{m^2 \varphi^2}{2} + \frac{\lambda \varphi^4}{4}$ show that

$$\Lambda_1 = \frac{\sqrt{2} m^2}{3\hbar H} e^{-\frac{2\pi^2 m^4}{3\lambda H^4}}$$

Ex. 29 Consider free massless scalar field
Find the time-dependence of $\rho, \langle \varphi^2 \rangle$.
Take initial condition

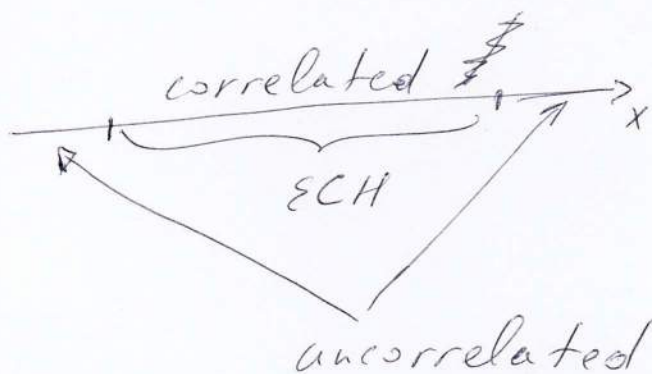
$$\rho(t=0) = \delta(\varphi)$$

3) Two-point correlations

(7)

$$\frac{\partial \rho^{(2)}}{\partial t} [\varphi_1(t, x_1), \varphi_2(t, x_2)] = \Gamma_{\varphi_1} \rho^{(2)} + \Gamma_{\varphi_2} \rho^{(2)} + j_0(\varepsilon(t)H|x_1-x_2|) \frac{H^3}{4\hbar^2} \frac{\partial^2 \rho^{(2)}}{\partial \varphi_1 \partial \varphi_2}$$

approximate $j_0(x) \approx \theta(1-x)$



If $j_0=1$ (full correlation)

$\Rightarrow \rho^{(2)} = \rho_{eq}(\varphi_1) \delta(\varphi_1 - \varphi_2)$ is a solution

valid for $t < -\frac{1}{H} \ln(\varepsilon H |x_1 - x_2|)$

for $t > -\frac{1}{H} \ln(\varepsilon H |x_1 - x_2|)$

$$\Rightarrow \frac{\partial \rho^{(2)}}{\partial t} = \Gamma_{\varphi_1} \rho^{(2)} + \Gamma_{\varphi_2} \rho^{(2)}$$

Solve using the Green's function $\Pi(\varphi_1, \varphi_0; t_1, t_0)$.

$$\left\{ \begin{array}{l} \frac{\partial \Pi}{\partial t_1} = \Lambda_{\varphi_1} \Pi \end{array} \right.$$

$$\Pi \Big|_{t_1=t_0} = \delta(\varphi_1 - \varphi_0)$$

$$\Pi = e^{-\mathcal{V}(\varphi_1)} \sum_n \varphi_n(\varphi_1) \varphi_n(\varphi_0) e^{-\Lambda_n(t_1-t_0)} e^{\mathcal{V}(\varphi_0)}$$

$$\rho^{(2)} = \int d\varphi \rho_{\text{eq}}(\varphi) \Pi(\varphi_2, \varphi; t, t_r) \Pi(\varphi_2, \varphi; t, t_r)$$

$$t_r = -\frac{1}{H} \ln(\epsilon H r)$$

$$G(x_1, x_2; t) \equiv \langle \varphi(x_1, t) \varphi(x_2, t) \rangle =$$

$$= \int d\varphi_1 d\varphi_2 \rho(\varphi_1, \varphi_2; t) \varphi_1 \varphi_2 =$$

$$= \int d\varphi_1 d\varphi_2 \varphi_1 \varphi_2 e^{-\mathcal{V}(\varphi_1) - \mathcal{V}(\varphi_2)}$$

$$\int d\varphi_0 \sum_{n,m} \varphi_n(\varphi_1) \varphi_n(\varphi_0) \varphi_m(\varphi_2) \varphi_m(\varphi_0)$$

$$\cdot \underbrace{e^{2\mathcal{V}(\varphi_0)} \rho_{\text{eq}}(\varphi_0)}_{\text{const}} e^{-\Lambda_n(t-t_r) - \Lambda_m(t-t_r)}$$

$$= \int d\varphi_1 d\varphi_2 \varphi_1 \varphi_2 e^{-\mathcal{V}(\varphi_1) - \mathcal{V}(\varphi_2)} \sum_n \varphi_n(\varphi_1) \varphi_n(\varphi_2) \cdot e^{-2\Lambda_n(t-t_r)}$$

$$\begin{aligned}
 G(x_1, x_2; t) &\propto e^{-2\Lambda_1(t-t_r)} \\
 &= e^{-2\Lambda_1(t + \frac{1}{H} \ln(\epsilon Hr))} \\
 &= e^{-2\Lambda_1(t + \frac{1}{H} \ln Hr)} e^{-\frac{2\Lambda_1}{H} \ln \epsilon}
 \end{aligned}$$

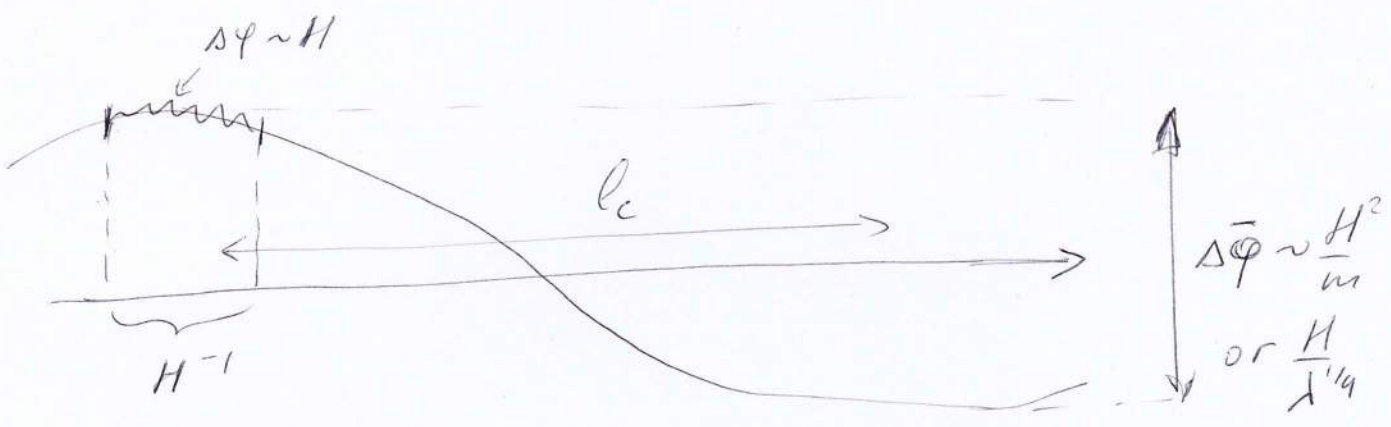
if $-\frac{\Lambda_1}{H} \ln \epsilon \ll 1 \Leftrightarrow \epsilon \gg e^{-\frac{H}{\Lambda_1}} \Rightarrow$

$\Rightarrow G(x_1, x_2, t) \sim e^{-2\Lambda_1(t + \frac{1}{H} \ln Hr)}$

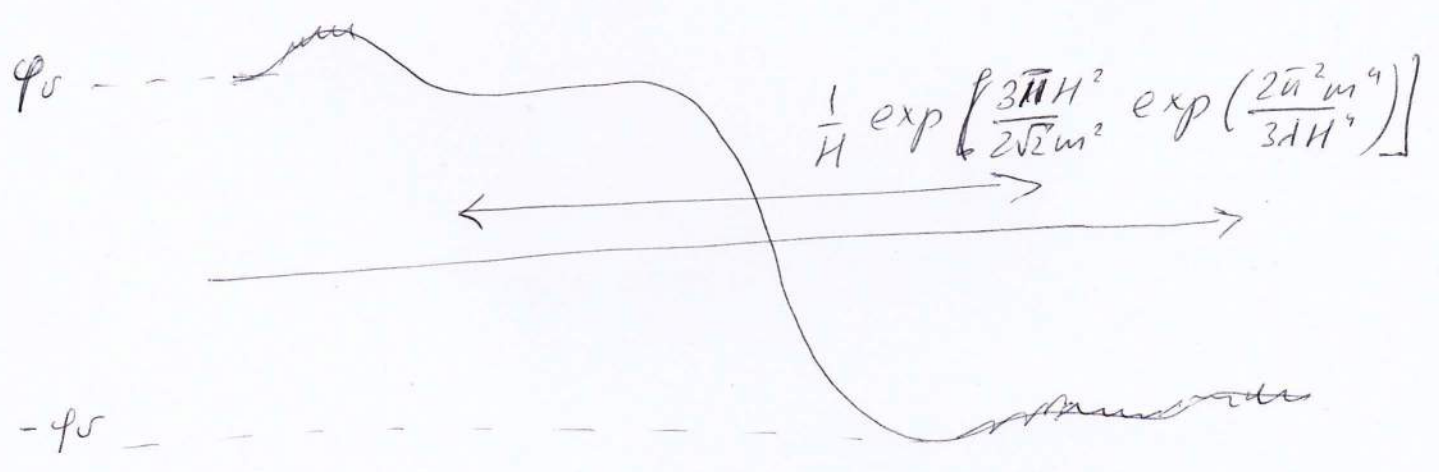
$l_{ph} = r e^{Ht} \Rightarrow G \propto e^{-\frac{2\Lambda_1}{H} \ln(H l_{ph})}$

The Green's function is stationary in physical distance (self-reproducing evolution)

$l_c = \frac{1}{H} e^{\frac{H}{2\Lambda_1}}$ - exponentially large correlation length



For double-well \Rightarrow third correlation scale



Derivation is applicable if $t_{inf} > t_c = \frac{H}{\Lambda}$