Interpersonal communication for women scientists

Description and objectives

This workshop focuses on personal factors such as personality, self-awareness and self-confidence to help you become more comfortable in the way you communicate and interact. In addition, we will give an insight into the complexity of conflicts and how to manage them so as to reduce their negative impacts.

Objectives

- Be more aware of who you are and what you want
- Understand how individual needs and personality shape interpersonal communication
- Master basic communication and conflict management skills
- Appreciate that good leadership starts within

Approach

Interactive workshop, involving case studies, role-play and discussion groups.

Trainers

Melissa Davies, coach and negotiation expert;
Stéphanie Ruder, coach

Number of participants	16
Dates and location	19th + 20th June, EPFL
Registration opening	8th May
Duration	2 consecutive days
Contact	bureau.egalite@epfl.ch